

A success story of Nabuma Hadijah and family A-KIF-0279

Nabuma Hadijah is head of one of the



households identified by KIFAD and considered for support. She is a single mother who stays in Nansana and is supporting a family of eight. Nabuma's family was identified by KIFAD as one of the vulnerable households in Nansana West one. When KIFAD came into her life, she was trained in various things and these included urban horticulture, cooking demonstration, briquette laying, and food processing among other trainings. Hadijah says; these trainings were very helpful to her and for her family at large. When Hadijah got knowledge about these trainings, she practiced some. Among the things she practiced was briquette laying, food processing, urban horticulture and cooking demonstration. As per now, her main source of income is from the vegetables she grows and sell, which also provide food for herself and her family. She grows onions, eggplants, carrots, cabbages, ddoosdo and other vegetables that provide her with the main food needs of her family



*Figure 2 shows a sack mound with carrots*

as well as additional income. Since she began to grow her own vegetables, Hadijah has been able to better economise her resources, spending less on food, thus improving the quality of life of her family. She says ***"I used to spend 2000-3000 shillings a day on charcoal but when I learnt to do briquettes, it was easy for me. Briquettes are easy and cheap to make and I can do them myself I no longer buy a sack of charcoal because charcoal for 2000 can work for a week when am using briquettes"***



*Figure 3 shows Briquettes made by Hadijah*

Hadijah says, she was taught how to process food and she picked much interest in making jam, juice and tomato sauce. She makes juice and jam for home consumption and for

sale. In her words, she says *"I make my own juice and jam for my family and I sell some to get money, am planning to get a label and start selling to different places"*

Despite having a large family to take care of, Hadijah is able to work very hard in order to improve her life and provide for her family. Hadijah has only a limited space in which to grow her vegetables, but despite this, she uses her space well and adequately provides for her family.

After saving money on food and charcoal and the money got from the sale of juice and jam, Hadijah is able to save money under Zibulatudde VSLA,

Hadijah says that before she started growing crops, she struggled to adequately feed her family, but now because she grows it herself, she doesn't have to worry so much about money. Her family now has enough to eat, whilst economising at the same time.

It is clear to see that Hadijah and her family have benefitted from these improvements. She works very hard in her garden providing for her family, but she has determination and a desire to improve. As such, we should expect the improvements to continue through her cooperation with KIFAD and her own efforts.

In summary, Hadijah and her family, although remaining with some struggles, are greatly improved. It is

evident that the changes in their lives are positive and she has definite hopes for the future. We have great hopes that given the time and opportunity, Hadijah will be able to achieve her goals and provide the life she wants for her family.

### **KEY**

KIFAD Kiyita Family Alliance for Development

VSLA Village Saving and Loans Association

HH Household

VAT Vulnerability assessment

NAT Needs Assessment

SPM Selection, Planning and Management of an IGA

HCT HIV counselling and Testing

HIV Human Immune deficiency Virus

AIDS Acquired Immune Deficiency Syndrome

FL Financial literacy